

THE FRIENDSHIP CENTER NEWS

723 1ST AVENUE SOUTH (515) 573-4687

April 2009

Join in the April Events!!

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- **Crafts every Wednesday!** This month we are doing **Chick, Bunny Magnet, Jelly Bean Cross, Jelly Bean Necklace!**
- **Bingo on Mondays! 9:00 am on the 6th and 20th 1:00 pm on the 13th and 27th.**
- **Clay Class on Thursday at 10:00 am on the 2nd and 16th.**
- **Monthly Members Meeting on Tuesday the 10th at 11:00 a. m. with Hotdogs after ONLY for all who attended the meeting.**
- **Monthly Birthday party will be at 12:00 on the 9th.**
- **Join us for the March meals at 12:00 on the 10th, 14th, and 29th, 9 am on the 20th, and 6 pm on the 2nd.**
- **Support Group— Every Tuesday @ 10:00 a.m.**

Thought for the Month:

It takes a lot of courage to tell your dreams to someone else!

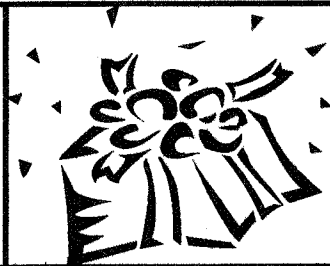
Erma Bombeck

Good Friday Meal
April 10th at Noon
Fish Squares & Fish Sticks
Potato Tots Tartar Sauce
Cool-Aid & Ginger-Ale

March Members Meeting Minutes

Brian S. opened the meeting at 11:30 am on March 10th, 2009. He announced that there would be a meal of ham salad sandwiches after the meeting for members who attended the meeting. On St. Patrick's Day, March 17th, W.C.C.S. will treat us to a meal cooked at the F. C. Brian went over the meals for April: April 2nd, grilled ham and cheese sandwiches; April 10th, Fish Squares @ Noon; April 14th, Hot dogs after the members meeting; April 20th, French Toast Breakfast @ 9 am; and April 29th, Ham and Bean Soup. Three New Peer Support have been hired. They are Paula L., Deb N., and Carol K. We would like to welcome them. Deb is giving classes here and Carol is researching new board games for activities. We asked for ideas for bus trips. The suggestions were; Blank Park Zoo, Okoboji fishing trip or cruise, Iowa Falls boat ride, canoeing, Twin Lakes bible camp, Puffer Billy Days in Boone, Dolliver Park, Living History Farms and Olson Park. Any of these trips that we choose will be in addition to our regular trips to see the Iowa Cubs in Des Moines and spend a few hours at the Clay County Fair at Spencer in September. Brian stated that there can be no smoking in the bathrooms at the F.C. The Empowerment Conference will be August 4th, 5th, and 6th. Stipends are available to cover expenses. The conference will be in Marshalltown again this year. Brian S. went over the budget which shows a balance of around \$1,400 dollars. The meeting was closed at 12:15 pm.

Happy "April" Birthdays



4/4 Eric G./Mikaila W.
4/7 Scott A.
4/9 Jessica R.
4/10 Kevin P.
4/21 Brian S./Ryan V.
4/29 Abraham N.

Winners Circle

Eric B./Lynette C./M'liss E./Joyce F.
Charles H./Rhonda H./Carol K./Marvin L.
Patrick B.-2/Robin D.-2/Paula L.-2
Michelle M.-2/Donna O.-3/Alan M.-4
Tom M.-4

Winner of Free Dues-

Carol K.

Bingo Winners

Eric B./Abe N./Lee G.

Winner Bingo Dues-
Eric B.

Meals Menu for April

Thursday April 2nd 6 pm
Grilled Ham & Cheese
Tomato Soup Milk
Vanilla Ice Cream w/ Toppings

Friday April 10th Noon
Fish Squares & Fish Sticks
Potato Tots Tartar Sauce
Cool Aid & Ginger Ale

Tuesday April 14th Members
Meeting
Hotdogs & Marinated Salad
Cookies from Baking Class
Beulah is cooking on April 13th

Monday April 20th Breakfast 9
am
French Toast (Baked)
Little Smokies in crock pot

Wednesday April 29th Noon
Ham & Bean Soup & Corn Bread
Jell-O Salad-Fruit Cocktail
Chocolate & White Milk

The Easter Sunday date varies because it is determined using a calculated lunar calendar. It is the first Sunday approximately after the first full moon on or after the March equinox.

Easter Sunday 2009

Sunday, April 12, 2009

Friendship

The vase can be broken, and thrown away.
The flowers will soon wither and then decay.
Friendship can't be bought, borrowed or stolen.

Friendship that is Friendship, is worth its weight in gold.

Friendship is only friendship, when its given away.

Won't you be my friend today?

By
Grace M. Jordan

To All Members:

We shouldn't be writing ink on the chairs. We ask that you keep your ink pens out of your pants pockets (front and back).

Thank you,

Peer Support!

April 2009

April 2009

May 2009

S	M	T	W	T	F	S	S	M	T	W	T	F	S
5	6	7	8	9	10	11	3	4	5	6	7	8	9
12	13	14	15	16	17	18	10	11	12	13	14	15	16
19	20	21	22	23	24	25	17	18	19	20	21	22	23
26	27	28	29	30			24	25	26	27	28	29	30
							31						

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
		April 1	2	3	4
9:00am Bingo 11:30am Food & Special Occ. Comm. 1:00pm Exercise 6:30pm Aggravation	Scott A. 10:00am Support Group 1:00pm Creative Writing 3:00pm Peer Support mtg. 6:30pm Wii Bowling	10:00am Crafts/Chick 1:00pm Baking 3:00pm Ping Pong 7:00pm Members Choice	10:00am Clay Class 2:00pm Zilch 6:00pm Meal	10:00am Cribbage 1:00pm Exercise 2:00pm Calendar Comm. 7:00pm Golf (cards)	Eric G./Mikaila W. 2:00pm Members Choice 3:00pm Life Game
6	7	8	9	10	11
9:00am Bingo 11:30am Food & Special Occ. Comm. 1:00pm Exercise 6:30pm Aggravation	Scott A. 10:00am Support Group 1:00pm Creative Writing 3:00pm Peer Support mtg. 6:30pm Wii Bowling	10:00am Crafts/Bunny Magnet 11:00am 8-Ball 1:00pm Baking 6:30pm Members Choice	Jessica R. 10:00am Art w/Deb 12:00pm Monthly Birthday 1:00pm Bowling 6:30pm Cribbage	Kevin P. 11:00am Exercise 12:00pm Meal 1:30pm Peer Training 6:30pm Zilch	1:00pm Members Choice Easter Day 3:00pm Sequence Game
13	14	15	16	17	18
1:00pm Bingo 2:00pm Exercise 6:30pm 9-Ball	10:00am Support Group 11:00am Member's Meeting Meal after 1:00pm Creative Writing 3:00pm Peer Support mtg. 6:30pm Zilch	10:00am Crafts/Jelly Bean Cross 1:00pm Baking 6:30pm Members Choice	10:00am Clay Class 1:00pm Yahtzee 6:30pm Operation Game	10:00am Cribbage 1:00pm Exercise 2:00pm Membership Comm. 6:30pm 8-Ball	1:00pm Zilch 2:00pm Members Choice
19	20	21	22	23	24
9:00am Breakfast 11:00am Bingo 1:00pm ACTION/Discussion Group 2:00pm Exercise 6:30pm 9-Ball	Brian S./Ryan V. 10:00am Support Group 1:00pm Creative Writing 3:00pm Peer Support mtg. 6:30pm Wii Bowling	Earth Day 10:00am Crafts/Jelly Bean Necklace 1:00pm Baking 6:30pm Members Choice	10:00am Art w/Deb 1:00pm 9-Ball 5:30pm Life Game	10:00am Bowling 1:00pm Exercise 6:30pm Ping Pong	11:00am Members Choice 2:00pm Aggravation
25	26	27	28	29	30
10:00am Cribbage 1:00pm Bingo 2:00pm Exercise 6:30pm 8-Ball	10:00am Support Group 11:00am Zilch 1:00pm Creative Writing 3:00pm Peer Support mtg. 6:30pm Members Choice	Abraham N. 10:00am Crafts/Leftovers 12:00pm Meal 1:30pm Baking 6:30pm Zilch	10:00am Art w/Deb 2:00pm Aggravation 6:00pm Sequence Game		